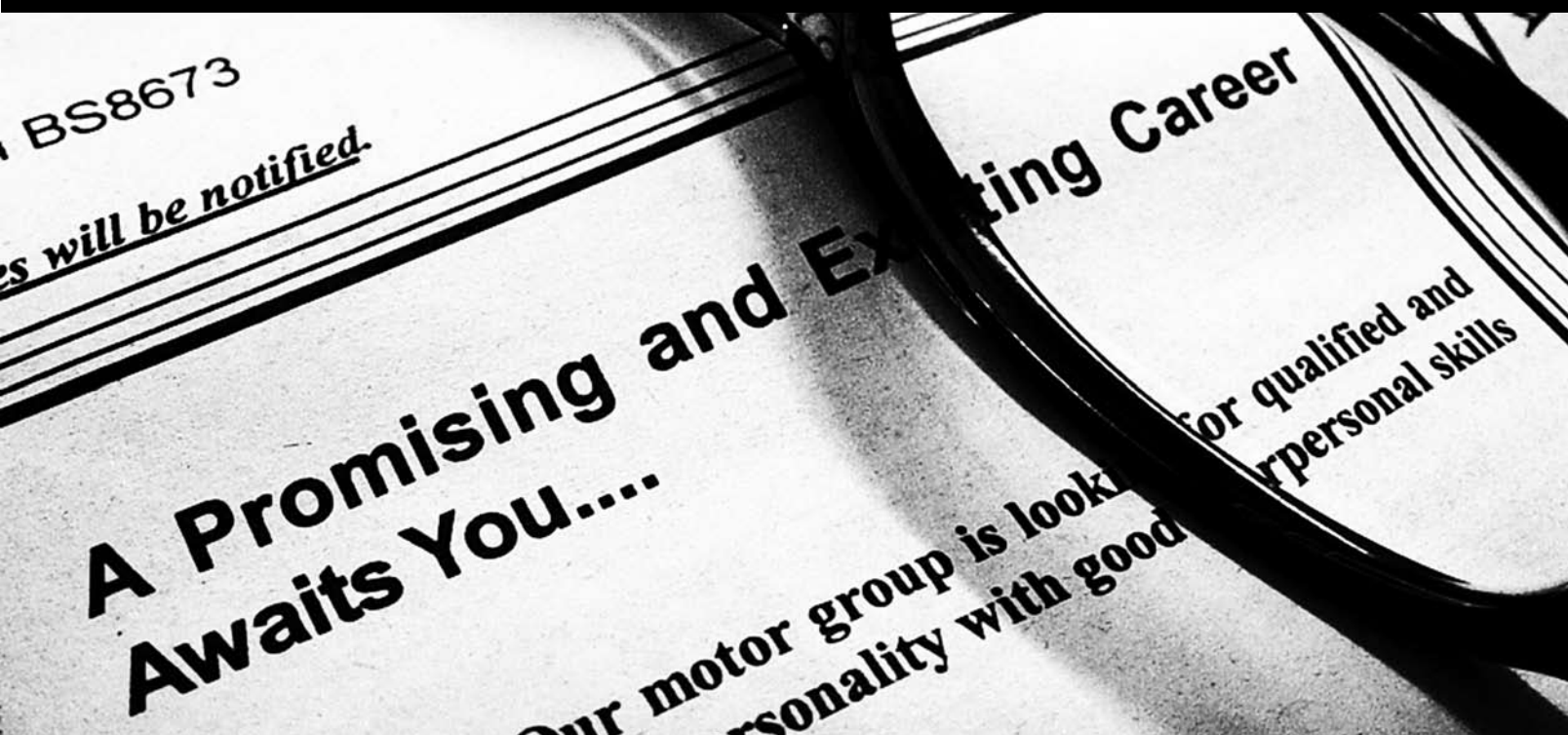


# Finding the Divine Right Job

By Lori Davila

Whether you are in a voluntary or involuntary career transition, you're wondering what your purpose is, or you don't like your present job or boss, there are steps you can take to empower and transform your life.



**H**er anguish was plainly stated, in a letter to the editor written in response to an article about treasure maps (see June/July issue of *Unity Magazine*): *I am in a job that I don't like. This tends to be a pattern of mine, taking jobs out of "desperation." I do have a strong desire/yearning to find work that I do enjoy. Ever since I started my present position that is all I think about. How do I create a treasure map if I am not clear as to what it is I want to do?*

You probably know people like this who change jobs frequently. After some time they encounter the same issues found in their last position or company. What might really be happening is that they are coming up against the same hidden blocks that sabotaged them before. Perhaps self-defeating beliefs and attitudes are blocking the flow of their potential.

To find our life's purpose, sometimes we must be willing to clear away the clutter—old fears and

counterproductive attitudes—and allow the springs of inner wisdom to gush forth with new energy.

That's right, sometimes it takes a spiritual approach to find the right work, as job seekers (and job finders) we spoke to can attest.

## Starting Anew

Renee Brown, 49, always loved to work. Beginning her career by handling public relations and other

management duties for law firms, she advanced in her career, becoming a top-producing sales sensation for a national telecommunications company.

But after a series of health setbacks and personal problems, she left her job and was unemployed for a year. After she divorced four years ago, she decided it was time to start fresh—in her personal life and in her career.

“I had no idea what was next for me,” said Renee. “I decided to focus on the positive aspects of the different careers I had had and visualized the feeling of a new job having those elements and other elements I didn’t know about.”

She began a process of visioneering.

Every morning over coffee, Renee would sit overlooking her beautiful gardens from her Memphis, Tennessee, kitchen and visualize herself working at home on the computer and discussing innovative ideas with uplifting people around the world.

“It involved books because I love books, and it involved getting valuable and life-transforming information to people. It felt good and fun, and I could feel the success, revenue, and joy.”

Seemingly “out of the blue,” a man at the Unity church Renee attends connected her with someone who paid her to learn how to promote books online. Her first book promotion, for *The Biology of Belief*, became the number two best seller on Amazon, right behind *Harry Potter*.

“I didn’t even know there was such an occupation,” remarked Renee. “I put good vibes out into the world, focused on feelings of joy and fulfillment, and watched myself like a movie.”

Her consulting work has since evolved, and she now promotes seminars and retreats as well as books.

Renee has advice for others who find themselves in a career transition:

“Start where you are,” she says. “Once I decided to do some kind of

work, it helped me clarify where I wanted to be.”

## Bringing Your Best

Jennifer Pitre, 53, was unhappy in her position as an executive assistant at a Georgia college and admits that she quit giving her best to her job out of boredom and frustration. Two years ago, Jennifer was invited to speak before her congregation at the Unity West Church in Douglasville, Georgia, and discovered her passion for public speaking.

“That was the turning point for me,” said Jennifer. “I told myself, You’ve got to start your own business and speak. I always wondered if I could be comfortable speaking in front of a group of people I didn’t know. It was amazing. I thank God for showing me this path.”

But as Jennifer began to look for a job that was in line with her interests, she realized she had stopped giving her best to her current employer.

“I began to understand that I am where I am for a reason, and I need to maximize this moment, now. I stopped thinking about what’s not working here.”

As Jennifer began to bring her best to work, she saw her current place of employment as a place to springboard to her new speaking career. She realized that it might take time to find the right job, but at this moment she could “take care of what I’ve already been blessed with.”

Although not in her job description, she is constantly sought out by coworkers and students to help them with life-management skills. Coincidentally, that is what she loves to speak about.

Jennifer recognized that she could be the change she wanted to see. “These people are dying to see a better work environment. It used



to be all about me,” she said. She used her creativity and organized the campus’ first ever “Thanksgiving in October.” “I saw people smile who hadn’t smiled in months, and I saw two people hug that only knew each other for an hour. It’s the little things. We need to see each other as humans. I am the most effective retention tool on campus,” said Jennifer.

## Be the Change

Whether you are in a voluntary or involuntary career transition, you’re wondering what your purpose is, or you don’t like your present job or boss, here are steps to empower and transform your life:

**1.** Look for your right work in the right place—within you. Your greatest role in life is to cocreate, partner with, and listen to your inner wisdom. When you do, the universe will respond in ways you can’t even imagine. Give

your higher self the go-ahead to work through you.

There are several exercises you can do to access your inner wisdom, right now. When you do these exercises, reserve quiet time, remove all distractions, relax, close your eyes, and inhale and exhale deeply three times to release any tension. Open your eyes and write what you feel as fast as you can without editing, judging, or rereading your work:

Write a short paragraph of your ideal, perfect life and career in detail. Let the messages just come and notice the lightness and peace as you write.

Write answers to these questions: Beloved indwelling Spirit, what is your highest aspiration for me—what do you desire to accomplish through me? What do I really love to do? What am I better at than anyone else? What angers me most in the world?

Continue to create your career blueprint by listing your top values, most enjoyable skills, elements of an exciting work environment, your passions, interests, curiosities, areas of expertise, your ideal travel load, compensation, and geographic preference. Remember to go deeper by tapping into your inner wisdom when answering these questions.

**2.** Feel your desires already fulfilled with a visual prayer chart. In his book *An Inside Job*, Unity minister Richard Rieger suggested creating a visual prayer chart, displaying uplifting pictures, symbols, phrases, and insights (which you uncovered from step one) to create a realistic picture of what you desire. Create a prayer statement or find one that inspires you, and pray with your chart daily, release it, trust the process, and thank your inner guidance. The visual prayer chart is an effective way to create a union between your thinking and feeling and becoming one in consciousness with the fulfillment of your desire.

**3.** Clear blocks and doubts to your success. Your goals and desires minus your doubts equal your reality. In order to move towards fulfillment and joy in your work, you must be willing to release your fears and doubts and go with the flow of Spirit. If your self-doubt surfaces, repeat your prayers from step two until confidence is restored. Your job is to get your fears and blocks out of the way and let Spirit guide you.

Once you believe the worth of your ideas and desires comes from your inner wisdom working through you, your life takes on a new radiance and confidence. You must get your critical self out of the way.



In his book *Zero Limits*, Joe Vitale described how he learned to free himself from self-imposed limitations by silently repeating, “I love you, and I’m sorry.”

This exercise has the power to change your life almost immediately, as loving yourself dissolves fear. You then feel free to accomplish your purpose.

Also, surround yourself with people who inspire you and instill confidence—a coach, a mentor, and anyone already achieving success doing what you would love to do.

**4** • Take inspired actions by getting in the flow. You have to step out in some direction and put yourself in the flow of Spirit. Stop wishing. Tune in to hear what your first action steps should be. Take inspired action and

notice the chance circumstances and people that come into your life. It’s our inner partner’s responsibility to guide us and supply all the necessary resources for success. Live fully—that is what action is all about.

**5** • Remember there is no challenge too great for God. Everything in the universe is available to help you once you understand you are not alone. Whenever you feel discouraged or a sense of delay and that things aren’t going right, dialogue with whatever is troubling you. Ask discouragement, What is your purpose? The answer you receive may give you tremendous insight. True prosperity comes from the inside, so ask what your consciousness is attracting—lack or abundance. Remember that we are here to serve as God’s instruments

through which Spirit can work, so it’s in Spirit’s interests to provide all the resources you need.

**6** • Find something you like about the job or boss you currently have. If you are currently in a job you don’t like, get into the joy of what you can like about it, even if it’s just paying your bills right now and giving you time to develop your next career. Approach your current situation as service, and trust that the money and joy will come. Get quiet with yourself, look for what you need to do differently, and get to be a better you. Many people show up angry and bitter and believe the world owes them something. You are an asset wherever you go if you are being your best. The world needs more of that. ■

